

FORSYTH COUNTY

BOARD OF COMMISSIONERS

MEETING DATE: AUGUST 31, 2017 AGENDA ITEM NUMBER: 3- A&B

SUBJECT: A. RESOLUTION AUTHORIZING EXECUTION OF NECESSARY DOCUMENTS TO RECEIVE FUNDS FROM THE NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES, DIVISION OF PUBLIC HEALTH, OFFICE OF MINORITY HEALTH AND HEALTH DISPARITIES FOR THE MINORITY DIABETES PREVENTION PROGRAM REGIONAL COLLABORATIVE

B. BUDGET ORDINANCE AMENDMENT TO APPROPRIATE FUNDS FROM THE NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES, DIVISION OF PUBLIC HEALTH, OFFICE OF MINORITY HEALTH AND HEALTH DISPARITIES FOR THE MINORITY DIABETES PREVENTION PROGRAM REGIONAL COLLABORATIVE TO THE FORSYTH COUNTY DEPARTMENT OF PUBLIC HEALTH

(FORSYTH COUNTY DEPARTMENT OF PUBLIC HEALTH)

COUNTY MANAGER'S RECOMMENDATION OR COMMENTS: Recommend Approval

SUMMARY OF INFORMATION:

The Personal Health Services Administrative Area of the Forsyth County Department of Public Health is receiving \$165,808 in funds from the North Carolina Department of Health and Human Services, Division of Public Health, Office of Minority Health and Health Disparities for the Minority Diabetes Prevention Program. These funds are to be administered through a regional collaborative including health departments in Forsyth, Stokes, Surry, Wilkes, Davie, Davidson, Yadkin, Ashe, Alleghany and Watauga.

The Minority Diabetes Prevention Program (MDPP) is an evidence-based program targeting minority populations to reduce their risk of developing type 2 diabetes. About 9% of North Carolina's adult population has pre-diabetes and minority populations are disproportionately affected with pre-diabetes and type 2 diabetes. MDPP empowers people with pre-diabetes to take charge of their health through realistic lifestyle behavior changes focusing mainly on diet, physical activity, stress reduction, problem-solving, and coping skills. If left unchecked, about 11% of the population with pre-diabetes will progress to type 2 diabetes each year.

The State funds will be used to offset salary and fringe benefits for a program coordinator, health coaches, contract employees, program supplies and materials, space rental, curriculum, training, incentives, and a marketing campaign. A minimum of three series of the MDPP lifestyle classes will be conducted in the region.

The \$165,808 in non-recurring funds will support the regional collaborative. The service period for these funds ends May 31, 2018.

ATTACHMENTS: YES NO

SIGNATURE: J. Dudley Watts, Jr. /cdh
COUNTY MANAGER

DATE: August 30, 2017

**RESOLUTION AUTHORIZING EXECUTION OF NECESSARY
DOCUMENTS TO RECEIVE FUNDS FROM THE NORTH CAROLINA
DEPARTMENT OF HEALTH AND HUMAN SERVICES, DIVISION OF
PUBLIC HEALTH, OFFICE OF MINORITY HEALTH AND HEALTH
DISPARITIES FOR THE MINORITY DIABETES PREVENTION
PROGRAM REGIONAL COLLABORATIVE
(FORSYTH COUNTY DEPARTMENT OF PUBLIC HEALTH)**

BE IT RESOLVED by the Forsyth County Board of Commissioners that the Chairman or County Manager and the Clerk to the Board are hereby authorized to execute, on behalf of Forsyth County, an agreement for the benefit of its Department of Public Health, to receive grant funds in the amount of \$165,808 from the North Carolina Department of Health and Human Services, Division of Public Health, Office of Minority Health and Health Disparities, for the Minority Diabetes Prevention Program Regional Collaborative, subject to a pre-audit certificate thereon, by the County Chief Financial Officer, if applicable, and approval as to form the legality by the County Attorney.

Adopted this the 31st day of August 2017.

